

## ALMOND-BANCROFT SCHOOL DISTRICT NEWSLETTER 1336 ELM ST

ALMOND, WI 54909 PHONE 715-366-2941 FAX 715-366-2940 WWW.ABSCHOOLS.K12.WI.US

December 2013

### <u>December</u> <u>Dates To</u> Remember

12/5-Winter Choir Concert, 7:30 pm, Auditorium

12/12-Elementary Winter Concert, 2:00 pm, Auditorium

12/18-Board Of Education Meeting, 6:30 pm, Almond School Board Room

12/19-Winter Band Concert, 7:00 pm Auditorium -4K Christmas Program, Bancroft School, 6:00-8:00

12/23-1/1-No School, Winter Break



### Almond-Bancroft School District

Dan Boxx
District Administrator
Jeff Rykal
PK-12 Principal
Sandra Ciula
PK-12 Dean of Students

#### School Board

President:
Roy Danforth
Vice President:
Catherine Guth
Clerk:
Carol Ellie
Treasurer:
Gary Smith
Directors:
Debbie Bradley
Charles Dernbach
Jeanette Wilson

## NOTICE OF ELECTION OF SCHOOL BOARD MEMBERS ALMOND-BANCROFT SCHOOL DISTRICT ON APRIL 1, 2014

NOTICE IS HEREBY GIVEN, an election is to be held in the School District of Almond-Bancroft on Tuesday, April 1, 2014. The following offices are to be elected to succeed the present incumbents listed. The term of office for school board members is three years beginning on Monday, April 28, 2014.

<u>OFFICE</u> <u>INCUMBENT</u>

Towns of Belmont Carol Ellie

Rose & Oasis

At Large Charles "Jerry" Dernbach

At Large Gary Smith

Carol Ellie, Clerk

Declaration of Candidacy and Nomination Papers for the Almond-Bancroft School Board term are to be filed no later than **5:00 P.M. on January 7, 2014.**Papers can be filed in the district office.

You can receive Candidacy and Nomination Papers by contacting Trina Warzynski, 715-366-2941 ext. 422, or twarzynski@abschools.k12.wi.us or by collecting them from the District Office.

Wishing you a joyous Holiday and a wonderful (New Year!





# Middle School Students Of The Month

# High School Students Of The Week



One student is honored from each grade within the Middle School for his/her overall excellence as a student each month. These students are selected based on their academic achievements and exceptional behavior during the school day. Achieving excellent performance for October, the Students of the Month include the following: Cauy Huntington, Annie Weiss, and Forest Laska.



From the sixth grade we honored Cauy Huntington. Cauy is a cheerful student who maintains a positive attitude, even when faced with a challenge. He is eager to involve himself in class discussions and is a good thinker. He is kind, courteous, and conscientious. In all endeavors, Cauy strives to do his best. He is a pleasure to have in class!



From the seventh grade we honored Annie Weiss! Annie is a kind, polite, and friendly young lady who is always willing to help another in need. She exhibits a bubbly personality and always has a huge smile on her face. She is extremely hard-working and talented, and she possesses a strong desire to learn. Annie has an uncanny sense of humor making her a joy to have in class!



From the eighth grade we honored Forest Laska. Forest is a wonderful young man who works hard and always tries his best. He is smart, responsible, and polite. He has a wicked sense of humor and brings fun to the classroom. When presented with a challenge, Forest faces it head-on and often exceeds expectations. His work ethic and responsible

actions both make him a good role model for others.

Thank you for your hard work! Congratulations!



My student of the week for October 28-November 1 is Blake Voss! He comes into class every day with a smile and an amazing attitude! Blake is a hard worker, always positive and continually strives to give 100% in both choir groups! He is a pleasure to have in my class! ~Mrs. Frank



Cierra Shultis is my studentof-the-week for November 4
-8. Cierra came to my
classroom late into 1<sup>st</sup>
quarter; however, she
adapted quickly to the class.
She is a responsible,
independent learner who is
focused on completing the
course with her best effort.
She shows respect and
kindness to the other

students in the class, and to me. Keep it up! ~Mrs. Huebner

# Almond-Bancroft School District Mission Statement

The Almond-Bancroft School District,
with support of families and community members,
will provide a safe and supportive
learning environment,
which challenges and prepares each student for success
today and tomorrow.

# Almond-Bancroft School District Vision Statement

We are a collaborative community focused on continued growth in opportunities, choices, and expectations for all students.

We prepare self-motivated and responsible students to become well-rounded and successful citizens.

## Almond-Bancroft Middle & High School 1st Ouarter Honor Roll Students

### "A" Honor Roll

**Graduation Year: 2014** CARISSA PERZINSKI JEWEL MATKE ANGELA IWANSKI ABBIGAIL N. KARPEN CALEB A. OLSON ANNA E. PERRIN ALEXIS A. SEITZ KAYLA SMITH ALEXANDER L. CRULL CODY MEDDAUGH RAMIRO LUNA **Graduation Year: 2015** JACE J. STUEBS HAILEY M. WIERZBA MEGAN R. BURNS ASHLEY T. TAKACS **DEVON ANDERSON** HATTIE B. BERRY NATALIE ROMO ALEXANDRIA R. SPOHN **Graduation Year: 2016** BLAKE P. VOSS-**PLUTSCHACK** EMILY E. DEMCHIK JOHL TURZINSKI JOSEPH J. CRAHAN NATHANIEL DISHER JANESSA E. CISEWSKI **AUSTIN BUNDERS** DEANA M. CLARK **Graduation Year: 2017 DYLAN BUNDERS COLTON STANISLAWSKI** JACOB W. WIERZBA MATTHEW E. HELMRICK CATHERINE M. SCHMIDT

Special Message:\_

**Graduation Year: 2018** FOREST LASKA CAMI RAE NEWBY CHLOE LEHMAN DEREK J. BAUMGARTNER MEGAN MANSKE ALEC WICZEK ALYSON PLASKI **JADON SOLIS** EMMETT STANISLAWSKI ABIGAIL VASQUEZ **Graduation Year: 2019** JOSEPHINE L. COLOMBE DAREN ANDERSON EMALEAH R. MATKE **EMILY E. TAKACS ALEX ZINDA** BRIANA M. BORSKI ANNIE R. WEISS NOAH S. KOLLOCK MAXWELL F. TURZINSKI EDWARD G. BURNS ZACHARY R. HELMRICK CADE C. LAMB ANGELA M. ROGERS MITCHELL C. TRZEBI-**ATOWSKI** JON J. PERRIN YULISSA BANDA ZACHARY A. CLARK JOSEPH J. MARCHEL LUKE K. MANOCK MARYAH COOK **Graduation Year: 2020** MELISSA A. PERZINSKI ELIJAH J. KOLLOCK CAUY H. HUNTINGTON MAKAYLA R. PERZINSKI CASSIE J. LEHMAN SHELDON B. WADE ALEXANDER A. BURNS GRACE M. DACHEL LILLIAN K. JONES JEAN F. BLOEDE

### "B" Honor Roll

**Graduation Year: 2014** EVAN M. PAGEL JESSE R. GNEIST DEREK KEENLANCE MEGHAN R. VARGA RAIDEN J. VANN LACEY M. WARZYNSKI SARAI BARRAZA TAYLOR J. CISEWSKI JOSEPH BEIGEL ETHAN YONKE **Graduation Year: 2015** LESLY GUERRA-REYNA JESSE HUNKINS MCKENZIE M. MINER REEGAN ANDERSON CHRISTIAN M. BLOEDE **Graduation Year: 2016** ARIEL PLASKI **HUNTER LASKA GARETT YONKE Graduation Year: 2017** JACI SUND MICHAELA WALLACE CARTER H. NEWBY **EMMA WALLACE** VELVET V. ELLIS **Graduation Year: 2018 BRYN TURZINSKI** BRANDON L. HARTMAN **GARRETT STANISLAWSKI** ISAIAH D. SPOHN AURORA G. LARSEN BREELEY J. WARZYNSKI CASSIDI L. HOGAN **CHRISTOPHER THOMAS** 

ABIGAIL R. CISEWSKI

**Graduation Year: 2019 ZACHARY BUNDERS** MICHAELA M. STUCKER **DEVIN J. FUEHRER AIDAN WHITMAN** SYDNEY A. OTTO KATHERINE DOBBE JABAL A. HASMAN OSVALDO BANDA **Graduation Year: 2020** HAILEY F. STUDINSKI DYLAN G. OMERNICK **ROLANDO BANDA** JONATHAN J. CASTILLO VICTORIA D. JONES JULIANNA M. HANSEN BREANA R. SCHAFER MATTHEW J. LUKAS THOMAS J. FIRKUS GAGE D. MEDDAUGH **RUTH BARRAZA** 

Congratulations & Hats Off To A-B **Honor Roll** Students!



### SINGING BIRTHDAY GRAMS

A-B High School will deliver singing Happy Birthday Telegrams to your favorite Student/Staff member on their birthday! Please allow a 24 hour notice before delivery. These are packages you may select from:

Standard:	(\$5.00) Happy Birthday balloon on party stick de	ecorated with ribbon, card, and a round lolli	pop
Extras _ _ _ _ _	Stuffed A-B Eagle (\$5.00) Green & White Pom-Pom (\$2.00 each) Birthday Tiara or Hat (\$1.00) Beads (\$1.00/3)	A-B stocking hat (\$5.00)A-B Birthday Pen (\$2.00 each)Extra lollipop (\$1.00 each)Stencil (\$1.00 each)	
Student Nar	ne:	Birthday:	Grade:



# Counseling Program News

DAWN McDonald, K-7 Counselor 715-366-2941 x121 DMcDonald@abschools.k12.wi.us

ERIKA SPEAR, 8-12 COUNSELOR 715-366-2941 x414 ESPEAR@ABSCHOOLS.K12.WI.US

**Upcoming Events/Important Dates!** 

6th & 7th Grade Minute Meetings

ASVAB Test

Dec 3

**Sophomore Planning Conferences** 

Jan 2014

December

#### **Red Ribbon Week**

Elementary Students celebrated Red Ribbon Week at the end of October with the theme "I Choose To Be Drug, Alcohol and Tobacco Free!" Students enjoyed the different dress-up days, demonstrating that there are safe and healthy ways to have fun. They also took a pledge to stay drug-free which entered them into a raffle. Prizes included sport balls with drug-free messages. Congratulations to the winners! They were Azrael Riesner (pictured): basketball, Randy Thompson: kickball, and Jesus Perez-Pacheco: football.





### **GIFTS Lessons**

To encourage the demonstration of respect, I have been talking with kindergartners about what it means to be a Bucket Filler or a Bucket Dipper. These terms are found in the book *Have You Filled A Bucket Today?* by Carol McCloud. Each of us has an invisible bucket, which represents the good feelings we have about ourselves. Bucket Fillers are people who demonstrate positive character traits such as respect and kindness and fill our invisible buckets. Bucket Dippers are those who steal our good feelings with mean words and actions, sometimes without even meaning to do so.

Students in grades one through five have been continuing to explore the concept of honesty. We have read stories and have been talking about acts of honesty in the newspaper or on television news in addition to identifying honest acts in our everyday lives. Third graders helped to create an "Honest Tree" based on the legend of George Washington and the cherry tree. Students identified important reasons to tell the truth which are displayed on the Honest Tree in the hallway.

### **Selective Service Registration**

Almost all male U.S. citizens, and male immigrants living in the U.S., who are 18 through 25, are required to register with Selective Service. It's important to know that even though he is registered, a man will not automatically be inducted into the military. In a crisis requiring a draft, men would be called in sequence determined by random lottery number and year of birth. Then, they would be examined for mental, physical and moral fitness by the military before being deferred or exempted from military service or inducted into the Armed Forces. A man turning 18 is required to register during the period of time beginning 30 days before, until 30 days after his 18th birthday. Men who do not register within the 60-day window are technically in violation of the law and should register as soon as possible. A registration acknowledgment card will arrive in the mail about 30 to 90 days after a man sends in his registration card. Keep this document in a safe place as proof of registration. If you have registered using the on-line registration web site at http://www.sss.gov, an acknowledgment card will be sent to you within two weeks.

### **Transcripts for Seniors!**

Seniors continuing on to a postsecondary educational institution next year, please be sure to let Ms. Spear know when you have decided where you will be attending and have been accepted. Also, be sure to complete a transcript request form so Ms. Spear can send a final transcript to the college of your choice at the end of the year to complete your application process.



### Positive, Behavior, Interventions, & Supports a.k.a PBIS

### **Elementary School Bus**

Our PBIS data has indicated that the school bus is one of the biggest sources of behavior referrals. The Universal PBIS Team for the elementary school is developing a booster lesson based on a

program called *The Peaceful Bus*. The idea is to decrease inappropriate behavior on the bus by inviting bus drivers and students to come together in "Bus Route" group meetings.

A facilitator leads the meetings in which problems are identified and problem-solving skills are taught.

Parents can assist our efforts by letting your children know that you care about what happens on the bus and by stressing the importance of respect and safety, in particular:



- Sitting with feet on the floor, facing forward.
- Staying seated while the bus is in motion.
- Using quiet voices.
- Being kind to other children; no teasing or bothering others.

The bus booster is being planned for January. Watch for more information in upcoming newsletters. Thank you for helping us to make our buses more peaceful.

### Visitors to our Elementary School

In November, Almond Elementary School was visited by a group of seven educators from Adams-Friendship. The group came to Almond to learn more about how PBIS works in our school. Dawn McDonald and Sandy Ciula presented to the group for an entire morning and shared what they have learned as PBIS internal coaches over the past three years. The group stayed into the afternoon to observe part of a PBIS Tier 2 meeting in which more specific interventions are discussed for a smaller group of students. The principal from Adams-Friendship indicated that Almond-Bancroft was recommended to him as a district that has a strong PBIS Universal Tier in place. We felt honored to host our colleagues.

### Middle and High School

Our students had the had the 1st quarter rewards day on Friday, November 8th. The Middle School went to the athletic field and took part in several outside games. The High School students took part in games that were set up in the East gym...or chatted with friends. The students seemed to enjoy themselves.

-Lynne Dernbach, PBIS Communication Committee





# (EE)

## **Third Grade News**

3<sup>rd</sup> graders along with Mrs. Ritter, Mrs. Doede and Ms. Miller visited the Woodson Art Museum in Wausau on October 30<sup>th</sup> to see the Birds in Art exhibit the museum is known for.





Emily, Seth and Hannah race by "The Heavyweight", the "touchable" hippo in the sculpture garden. A group of students gather around the Tree Frog on display temporarily along with a menagerie by the artist Gwynn Murrill. The Woodson Art Museum is always free and they offer many activities for adults and children of all ages. Ask any 3<sup>rd</sup> grader or visit <a href="https://www.lyam.org">www.lyam.org</a> to learn more.



# Come Check out the BGC: Almond Bancroft Extension

We are open Monday—Thursday 3:00-6:00 PM For 1st –8th Graders

We Offer: Homework Help, Reading Programs, Sports & Recreation, Fine Arts, Healthy Habits, and Much More!

For more information visit www.bgclubpc.org or check us out on Facebook





# Boys & Girls Club Almond Bancroft Extension 1– Day Visitor Pass

Good for 1 day/visit to the Boys & Girls Club

Name:		
Age:	_Gender:	Emergency Contact:

# What MS Students have to say about Eagle Prairie

This fall, students at Almond-Bancroft Middle school installed a small prairie plot behind the West school gym, near the playground. The prairie planting occurred officially on October 25, and all of the students took part. The prairie will be a Dry, Tall-Grass prairie, which will contain plants adapted to dry, sandy sites, and that will hopefully hold the hill and prevent erosion with their root systems.

In Mrs. Plaisance's Environmental Club and Mr. Knepfel's Service Learning ELT classes, students spent time in September and October

preparing the site by removing roots and rocks, and tilling up the soil so that the seeds would have a good start. They also created informational posters



about the prairie plants we will hopefully see in the coming years! Prairie seed was purchased from the Prairie Nursery of Westfield, Wisconsin.

### Kenny Gaspar and Chase Warzynski said -

"Prairies are wonderful, beautiful and majestic. Many animals live in these beautiful places! Some prairies have flowers and grasses. These types of flowers and grasses are very beautiful and wonderful. In prairies, butterflies frolic in and around flowers and tall grass. The prairie is going to help our school by teaching kids about prairies and nature."

# Ski Trips

# A.C.E.S is sponsoring FOUR ski trips for the month of January!

Contact: Mrs. Ramczyk or Mrs. Negro if interested, 715.366.2941 ext. 118 or 111 bramczyk@abschools.k12.wi.us or anegro@abschools.k12.wi.us

COME SNOWBOARD, SKI, OR TUBING!



Ski Wednesdays

January 8<sup>th</sup> January 15<sup>th</sup> January 22<sup>nd</sup> January 29<sup>th</sup>

# **JUNIORS**

Grades 1-6

Lift Ticket	\$7.50 x 4	= \$30.00
Ski & Helmet	\$10.00 x 4	=\$40.00
Rental		
Two Beginner	\$4.00 x 2	=\$8.00
Lessons (optional)		

# **STUDENTS & ADULTS**

Grades 7 and Up

Lift Ticket	\$8.50 x 4	=\$34.00
Ski & Helmet	\$11.00 x 4	=\$44.00
Rental		
Two Beginner	\$4.00 x 2	=\$8.00
Lessons (optional)		

Must provide your own transportation



## Family and Consumer Science News

Sixth graders in Mr. Knepfel's Family and Consumer Science class learned about the health risks associated with the use of tobacco products. Students recently wrote letters to the editor of the school newsletter to help others become aware of the dangers of smoking.

October, 2013 Dear Editor:

In 6th Grade Family and Consumer Science class (FACS) we learned about the health risks and dangers of tobacco and cigarettes. I want your readers to understand how dangerous tobacco and cigarette use really is. If someone does smoke, I am including some tips to help them quit smoking. If they try to encourage you to smoke also, I will give you some easy ways to say NO.

Here are some Health Consequences of smoking and using tobacco.

- -You could get Cancer.
- -It could shorten your life span.
- -Your kidney and liver could get severely damaged.

You shouldn't start smoking if you don't right now. If you do smoke right now I really think you should quit.

Here are some ways that will help you quit smoking.

- -Substitute something else instead of smoking, such as, gum, mints, or any other food.
- -Throw all your cigarettes and lighters away and set your mind on something else.
- -Try going to a sauna for three days straight it's supposed to help you quit.
- -Get the fake cigarettes or pills to help you quit.

If your best friend asked you to smoke and didn't want to but don't know how to tell them no, here are some easy ways to say NO.

- -Say you hate the smell of smoke and don't want to smell like smoke.
- -Tell them that your parents would find out and you would get in big trouble.
- -Tell them you have to go and do something very important.
- -If you really want you can just say no, smoking isn't good for you and I don't want to smoke.

I wanted to add some facts about cigarettes that you probably don't know. So here is some facts about cigarettes and what could happen to you or someone else.

Did you know there is tar in cigarettes? That's the stuff that is in blacktop, YUCK!

- -One cigarette has 4,000 chemicals in it!
- -If you smoke around your pets it can cause them to get leukemia.
- -Smoking kills 400,000 smokers and 3,000 non-smokers each year.
- -Smoking causes up to 300,000 lung infections in babies and young children.
- -1,500 kids are killed from fires that were started by a cigarette and secondhand smoke.

Thank you for reading this, I hope you take my advice and don't smoke. If you do smoke you will have to go through the consequences. You might think when you smoke nothing is happening to you but really things are happening inside your body, like your heart rate goes up and you get more nervous after you smoke a cigarette. Then there are things that happen in a few years. Usually those are the worse things like dieses and heart attacks and bad things like those that could happen to your body.

Sincerely, Makayla Perzinski 6<sup>th</sup> grader at Almond-Bancroft School



### **Food Service Operations News**

### Fox Valley Technical College Tour 2013

Foodservice Operations students recently took a field trip to Appleton. Their agenda included a stop at the *Grand Meridian* to learn about the operation and management of a large banquet/catering facility from owner/operator Ken and Head Chef Joe. Afterward, students traveled to *HuHot Mongolian Grill* (photo) for a tour of the food preparation area and an

introduction to the manager's workplace philosophy. Students then "built" their own lunch and watched chefs prepare it over a huge grill.

Next the group traveled to Fox Valley Technical College for an introduction and explanation of the many culinary degree options available through the Culinary Arts Department by instructor Chef Craig. Then, an overview of the technical college experience from Kevin Vosters, FVTC counselor. "It was a busy day, but a great opportunity for students to get some real 'behind the scenes' foodservice experience and to learn about a great educational opportunity available at FVTC." exclaimed Mr. Knepfel, Foodservice Operations instructor.



### **Response to Intervention (RTI) News**

Tracey Kelz, District RTI Coordinator tkelz@abschools.k12.wi.us

In the August newsletter the Response to Intervention (RTI) initiative was briefly explained as it related to the new Specific Learning Disability (SLD) law. The new SLD law will be effective state-wide on December 1st, 2013, and involves the use of data over time to determine qualification for a learning disability. Our district chose to start implementing this new law with the start of the new school year in September. We have been steadily working on preparation for the new law and felt that our district was ready to move towards this new model as we welcomed in the new school year. These preparations have included the addition of a school-wide intervention block K-5 and Extended Learning Time (ELT) at the Middle School and High School levels. These intervention blocks have provided additional time to assist students who are struggling as well providing enrichment activities to all children. In addition to the intervention block time, our district is starting its 3<sup>rd</sup> year with AIMSweb, which is a K-8 benchmarking system in reading and math. AIMSweb also provides progress monitoring 'probes' that teachers can use to assess growth in reading and math skills on a weekly to monthly basis for selected students. The use of additional data has helped us to closely monitor student growth and to adjust instructional practices as needed. Due to our success in implementing the foundations for the new SLD criteria, our district has been seen as a leader by surrounding districts. For example, last week some staff members from the Marshfield School District visited us and learned about our practices. As the District RTI Coordinator, I am continually communicating with surrounding districts and sharing information in order to help facilitate our student's academic progress. Through this collaboration, I have learned that Almond-Bancroft is truly a leader in our academic and behavioral focus (RTI and PBIS). I am proud to say that I work here with so many dedicated teachers and administrators, and look forward to many new and exciting challenges in the years

In moving our district towards an RTI model, The Almond-Bancroft School District RTI teams have been very busy researching academic practices that are aimed at increasing achievement for all students. Through this process we have been researching interventions that can be used with students who are struggling academically. These interventions, through research, have been shown to work with struggling learners. We are excited to use these resources with our own students. Parents and community members who are interested in learning more about these resources are encouraged to visit some of the following links:

Wisconsin RTI Center Interventions <a href="http://www.wirticenter.com/strategiesbank/">http://www.wirticenter.com/strategiesbank/</a>

Intervention Central <a href="http://www.interventioncentral.org">http://www.interventioncentral.org</a>

Tucker Signs (PK-2) <a href="http://www.tuckersigns.com/">http://www.tuckersigns.com/</a>

PALS (this is our 4K-1 District Screener) https://pals.virginia.edu/tools-activities.html

AIMSweb (this is our K-8 District Screener) http://www.aimsweb.com/

For more information on RTI and PBIS, please visit the Almond-Bancroft District webpage and follow the links on the left-hand side of the page. Have a great holiday season!



# Eagles Athletic Events

12/2-MS Boys Basketball Home vs. Westfield, 5:30 pm

12/3-Hockey Coop @ Sparta, 7:00

-Varsity Boys Basketball @ Necedah, 7:30 pm

12/5-HS Wrestling @ Bonduel, 7:00

-MS Boys Basketball Home vs. Rosholt, 5:30 pm

12/6-HS Boys Basketball Home vs. Bowler, 6:00 pm

12/7-HS Wrestling Multi-Dual @ Necedah, 9:30 am

-Hockey Coop @ Barron, 1:00 pm

12/9-MS Boys Basketball @ Wild Rose, 5:30 pm

-HS Girls Basketball Home vs. Port Edwards, 6:00 pm

12/10-MS Boys Basketball @

Westfield, 4:30 pm

-HS Boys Basketball @ Port Edwards, 6:00 pm

-Hockey Coop vs. Oshkosh @ Ice Hawk Arena 7:00 pm

12/12-HS Girls Basketball Home vs. Rosholt, 6:00 pm

> -HS Wrestling @ Manawa, 7:00 pm

12/13-HS Boys Basketball @ Rosholt, 6:00 pm

12/14-Hockey Coop @ Lakeland, 7:00 pm

12/17-HS Girls Basketball Home vs. Gresham, 6:00 pm

-HS Boys Basketball @ Gresham, 6:00 pm

12/19-Hockey Coop @ Merrill, 7:00

-HS Wrestling @ Weyauwega, 7:00 pm

12/20-HS Girls Basketball Home vs. Menominee Indian, 6:00 pm -HS Boys Basketball @ Menominee Indian, 6:00 pm

12/21-HS Wrestling @ Appleton West, 9:30 am

-Hockey Coop vs. Chequamegon @ Ice Hawk Arena, 1:00 pm

12/27-28-HS Girls & Boys Basketball Holiday Invitational, Home

> -Hockey Coop Tournament @ Marshfield

-HS Wrestling Invitational @ UW Oshkosh

\*Schedule is subject to change.

# EAGLES SPORTLIGHT

### Almond-Bancroft Fall Sports Awards



#### **School Awards**

### **Football**

Joe Beigel, Jacob Vallery, Reegan Anderson Volleyball

Meghan Menadue, Carissa Perzinski, Natalie Romo







Back Row: Coach Nagel, Aidan Whitman, Derek Baumgartner, Alec Wiczek, Noah Kollock, Isaiah Solis, Zachary Clark Coach Steuerwald, Middle Row: Micki Wiza, Cade Lamb, Zack Helmrick, Anthony Smith, John Perrin, Front Row: Isaiah Spohn, Zachary Bunders, Brandon Hartman, Jesus Luna, Anthony Applebee, Mitch Trzebiatowski



## Eagle Booster Club News......

#### **Eagle Booster Club Holiday Invitational**

Mark your calendars! On December 27th and 28th the Eagle Booster Club will be hosting our 5th Annual Holiday Invitational high school basketball tournament. Games will start at 2:00 pm each day with the final game beginning around 7:15 pm. We will be hosting teams from Wisconsin Valley Lutheran, Pittsville, Three Lakes and Manawa. The tournament will have Boys and Girls JV games in the East Gym and Boys and Girls Varsity games in the West Gym. On Friday the 27th, A-B Girls Varsity will play WVL and the JV Boys will play Three Lakes about 5:30 pm. That will be followed by the A-B Boys Varsity playing Three Lakes and the JV Girls taking on WVL around 7:15 pm. A-B students will have free passes to the games. Otherwise, admission will be \$5 per adult and \$3 per student for an entire day. Kids 5 and under will get in free. There will be a 50/50 raffle and our "world-famous" concessions will be available. Please attend and show your support for our boys and girls basketball teams and the Eagle Booster Club!

### **Youth Basketball Teams**

The Eagle Booster Club has already begun scheduling for 5th-8th grade boys and girls basketball teams. Coaches will be sending home information regarding the practice times and dates that have been scheduled for tournaments.

The tournaments in Almond will be as follows:

January 11, 2014 - 7th and 8th grade boys tournament

January 25, 2014 - 5th and 6th grade girls tournament

February 1, 2014 - 5th and 6th grade boys tournament

February 15, 2014 - 7th and 8th grade girls tournament

As we enter our busiest time of the year, we again invite everyone to join the Eagle Booster Club or volunteer to help with our tournaments. The proceeds from these youth basketball events are one of the primary reasons we can offer so many opportunities to our student-athletes and help to provide our kids with the best equipment, facilities and experiences possible at Almond-Bancroft Schools.



### From the Desk of the School Nurse: Lynn Bergman R.N., BSN

### ILLNESS, LICE, AND OTHER BACK TO SCHOOL DISEASES

School is a place where children are given the opportunity to learn, to develop and to grow; unfortunately, school is also the place where children bring new germs to share. If your child develops any of these illnesses or has lice please contact the school's main office to report it. Rule of thumb: Students are to stay home if they have a fever greater than 100 degrees, vomited and/or have had diarrhea in the last 24 hours.

Below are descriptions of the most common childhood illnesses reported at school and tips on how to keep your child healthy.

**Strep:** Strep infections are caused by bacteria, not viruses, but strep infections rapidly increase when school starts. Kids can easily have strep for a few days before they have symptoms. Up to one out of five people are strep carriers — they harbor Group A beta-Streptococcal bacteria (the bad kind) without showing *any* signs of illness. A child with strep tends to have fever and a very red and sore throat. <u>TIP:</u> Please have your child evaluated by a health care professional if he/she has a red beefy throat, lack of appetite and is running a temperature. If your child is diagnosed with strep throat they must stay home for 24 after treatment was started and must be without a fever for 24 hrs before returning to school without the aid of medication.

**Stomach Flu:** The stomach flu is not really a type of "flu" at all, so your annual flu vaccine will not offer any protection. The most common symptoms are vomiting and diarrhea – often at the same time, or one following the other. Like most viral illnesses, there is little that can be done to cure it, but there are good medicines to control the vomiting. TIP: Preventing dehydration is essential to managing this menace to kids, so plenty of water, juices, or electrolyte solutions are important. Most children have improved in a few days and can go back to school, but some symptoms can last up to a week. Students can return to school after 24 hours of being diarrhea and/or vomiting free.

The *True Flu* (influenza): Influenza can be prevented (usually) by the annual influenza vaccine given in the fall of each year. Sometimes, the flu virus will change or mutate, reducing the effectiveness of the vaccine. Influenza is still a major killer, mostly in the very young, the elderly, and those with other chronic illnesses. <u>Tip:</u> If you do get the flu, there are antiviral medications that can shorten the course and severity of the illness but the medication has to be started within 48 hours of symptoms starting. Keep your child home until he has a normal temperature for 24 hrs, has an appetite and can resume normal activities.

<u>Conjunctivitis:</u> While not all "pink eyes" are contagious, there is nothing like a red or pink eye that will send your child home from school or child care. The viral and bacterial strains are highly contagious and the bacterial strain requires prescription antibiotic eye drops. The person can be contagious up to two weeks after symptoms start. <u>Tip:</u> Make an appointment with your doctor if you notice any signs or symptoms you think might be pink eye. If an antibiotic eye drops are ordered, please do not have your child return to school until they have the prescribed treatment for 24 hours. In addition, to administering the antibiotic eye drops, parents will need to carefully wash hands, changes towels, and disinfect household surfaces until the treatment is completed.

Alı	nond-Bancroft Student Council Hol	iday Candy Grams for Sale!			
The ABHS Student Council will be selling candy grams again! Starting Monday, December 9th and continuing through Thurs					
day, December 19th. S	lay, December 19th. Students can purchase candy grams during their lunch hour. Candy grams will be delivered at the end				
of the day on Friday, D	ecember 20th (if student is absent, they will be	e delivered after the holiday break)			
Student items delivered to:		Teacher/ Grade:			
Special Message:					
Number of:	Cherry Candy Cane \$.25 each	Candy Filled Stocking \$2.00 each			
-	Peppermint Candy Cane \$.25 each	Mix of Candy Canes 5 for \$1.00			
	Total e	nclosed made out to AB Schools: \$			

# **Almond-Bancroft FFA Alumni Wants You!**

### Dear Agriculture Education and FFA Supporter:

The Almond-Bancroft FFA Chapter needs your help. FFA Alumni is a great way to help FFA members develop leadership skills and do programs or projects in the school or community.

Joining the A-B FFA Alumni is a great way to help! Membership for the Almond –Bancroft FFA Alumni is only \$20. You DO NOT have to have been a former FFA member to join. If you are interested in joining A-B FFA Alumni and supporting the kids please fill out the bottom portion of this form and mail it along with \$20 to Michelle Orr, Almond Bancroft High School, 1336 Elm Street, Almond, WI 54909. We will contact you for meetings or when we need your help to help them. When you join the FFA Alumni you will get local, state and national membership.

### What is the FFA Alumni?

**The FFA Alumni Association helps support the programs and activities of FFA members.** The Alumni provides leadership scholarships and sponsor other leadership training programs; sponsor FFA Awards and education scholarships and promotes the agricultural industry by educating others about career opportunities.

**The Mission of the FFA Alumni Association:** We will strive to be Wisconsin's premier Agriculture Education advocate with FFA Alumni support in every community. We envision our diverse, positive, community committed organization to provide resources to support youth development and leadership.

The Vision of the Wisconsin FFA Alumni Asseducation.		<del></del>
Name(s):		
Address:		 
City:	_State:	 Zip Code
Phone:		
E-mail:		

If you know of anyone else that might be interested in joining the alumni, please let us know, or pass along the information. Contact Michele Orr, 715-366-2941 ext. 100.

Dues are \$20-Please make checks out to Almonds Bancroft Schools.

# The Americorner

## Americorps news with Joseph Nowinski

Good day parents and students! The tutoring center is up and running and we are looking for volunteers to come help tutor middle school and high school age students from 3:30-5:15 pm. If you are interested please contact our office and come in to fill out a quick form to be eligible to help out! Also, if you are over 65 and are looking to help in our schools, you may qualify for the Senior Tax Exemption Program offered through our school. Please contact Joseph Nowinski (ext. 325) for more details!



Americorps and Gaming Club had a very successful "Extra Life" charity benefiting the Ministry St. Joseph Children's Hospital in Marshfield, Wisconsin on November, 2nd. Extra Life is a 24 hour gaming marathon that allows participants to receive sponsorships for the marathon. Friends and relatives donate money through <a href="www.extra-life.org">www.extra-life.org</a>. This year our team, the AB Eagles, donated more than \$300 to help sick children! Look for more charity gaming events this school year and play on!

As the weather gets colder, it is important to always have the proper clothes for our community members, <u>on</u> <u>December 3<sup>rd</sup>, 10<sup>th</sup>, and 17<sup>th</sup>, our <u>Community Closet</u> will be open for those community members that need some help getting the garments they need. The closet will be available after school **from 5:30-7:00 pm in room 325.** If you know someone that is unable to find what they need, feel free to bring them along. We hope to see you!</u>

Our Continuing Education program will be continuing through November with a few different options! <u>Our local fitness expert Jaimie Winn will be working out to Zumba every Monday right after school!</u> Contact Joseph Nowinski or Jaimie Winn for more details!

On *December 11<sup>th</sup> at 6:00 pm*, the *Fermentation Station* will be meeting in the FACS to create some wonderful concoctions making a host of fun food and drink! We will be focusing on making <u>Sauerkraut!</u> The class will be free of charge, but *participants are encouraged to bring their own utensils and <u>required to bring their own containers!</u> You will be taking home your very own kraut!! Contact Joseph Nowinski for a full list of classes!* 

<u>Musicians</u> in the Almond-Bancroft band room. Are you interested in learning the same instrument your son/daughter plays so you can help guide them at home? Do you just like playing music and want a push in the right direction? Or would you like to try something new? Community members are encouraged to come in with or without their children and enjoy playing music no matter what their experience level! These classes will be free of charge. <u>Bring your own instrument if possible</u>. If you are unable to make it on that date or unsure of what instrument you would play, please contact Mrs. Nowinski at 715-366-2941 ext. 326.

Americorps in Almond will be offering more classes soon! If you have any ideas for community events, please contact Joe Nowinski! Also, if you want to volunteer in the Almond Bancroft school district or wish to teach a continuing education class, contact Joe Nowinski at 366-2941 (ext. 325) or email me at jnowinski@abschool.k12.wi.us.



## Food Service News

Soon 2013 will be behind us and we will be starting a new year. I thank you for keeping your breakfast and lunch bills paid up. It is greatly appreciated. Please feel free to contract Trina if you have any questions about your food service bills.

Please take the time to talk with your student if you do not want them taking extra items during breakfast or lunch service. Many students are taking an extra juice along with the normal breakfast, this adds an additional .40 to the breakfast price of \$1.00.

Wishing you a Happy Holiday!

Connie Kaehn, Teresa Gutke, & Trina Warzynski "This institution is an equal opportunity provider"

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To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free (800)632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer."

# Almond-Bancroft Menus, December 2013

### **Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ham & Cheese Breakfast Bar	3 Oatmeal, Whole Grain Toast	4 French Toast Sticks	5 Box Breakfast	6 Cinnamon Roll, Yogurt
9 Cereal, Muffin	10 Egg Omelet, Whole Grain Toast	11 Breakfast Taco	12 Box Breakfast	13 Bagel, Yogurt
16 Breakfast Pizza	17 Pancake Wrapped Sausage	18 Box Breakfast	19 Scrambled Eggs, Whole Grain Toast	20 Cinnamon Roll, Yogurt
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School		Breakfast Pri	ices:

December Morning Milk \$1.80-M-W PK \$1.80-T-Th PK \$4.50-K-5<sup>th</sup> (\$.30 a day)

Choice of juice and/or fresh fruit served daily with breakfast.

Choice of 1% white or skim milk served with every breakfast Choice of 1% white, skim, or fat free chocolate milk served with every lunch. Reduced – No Charge 4K (M-W) – 6 days@ 1.00=\$6.00 4K (T-Th) – 6 days @ 1.00=\$6.00 K-12<sup>th</sup> grade – 15 days @ 1.00 = \$15.00

#### Lunch Menu

	1			
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Tacos, Corn,	Chicken Gravy,	Pizza Burger, French	Tater Tot Hot Dish,	Cheese Fries, Garden
Pineapple	Mashed Potatoes,	Fries, Peas, Pears	Green Beans,	Bar, Mandarin
	Carrots, Peaches		Applesauce	Oranges
9	10	11	12	13
Mini Corn Dogs,	Hamburger Gravy,	Chicken Fajita,	Salisbury Steak,	Pizza, Garden Bar,
Ravioli, Broccoli,	Mashed Potatoes,	Carrots, Applesauce	Buttered Noodles,	Pineapple
Peaches	Corn, Pears		Peas, Fruit Cocktail	
16	17	18	19	20
Chicken Pattie on WG	Grilled Cheese,	Mostaccioli, Garden	Chicken Quesadilla,	Beefy Nachos, Corn,
Bun, Tater Barrels,	Tomato Soup, Veggies	Bar, Fruit Cocktail	Green Beans, Peaches	Mandarin Oranges
Carrots, Pears	& Dip, Mandarin			
	Oranges			
23	24	25	26	27
No School				
	24			
30 No Calabara	31			
No School	No School			
			Lunch Prices:	I

Fresh fruit and vegetables served as an option with every lunch.

Reduced 4K (M-W) -6 days @ .40= \$2.40 Reduced 4K (T-Th) -6 days @ .40= \$2.40 Reduced K-12 -15 days @ .40 = \$6.00 4K (M-W) -6 days @ 1.75= \$10.50 4K (T-Th) -6 days @ 1.75= \$10.50 K-5<sup>th</sup> grade -15 days @ 1.75 = \$26.25  $6^{th} -12^{th}$  grade -15 days @ 2.00 = \$30.00



The Almond-Bancroft FFA Alumni will be hosting a

"Breakfast with Santa" Fundraiser

Sunday, December 8th

9am-Noon

at the Almond High School.

Menu includes:

Pancakes, Hash browns, Sausage, and Bake Sale Items.

# Adults \$6 Children Age 10-2 are \$3 Under 2 are Free

Proceeds will go to enhance the agriculture program at Almond-Bancroft, Leadership Conferences and Judging Contest Materials.

Visit with Mrs. Claus, the elves and the Almond FFA members.

Get your picture taken with Santa and receive a treat!

Contact Michelle Orr 715-366-2941 ext. 100, for additional information.



Almond-Bancroft School 1336 Elm St Almond, WI 54909

### **ATTENTION**

If your child is absent from school, please call the Attendance Office at 715-366-2941 extension 108 before 9:00 a.m.



#### **AUSENCIAS**

Si su hijo(a) esta ausente usted es responsable de llamar la Escuela de Almond-Bancroft antes de las

9:00 a.m.

al 715-366-2941 Ext. 101

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**BOXHOLDER**